

My Business & Career

My Beliefs About My Business & Career

“Money isn't everything...but it ranks right up there with oxygen.” - Rita Davenport

Eliminate Any Negative Statements & Replace Them With Empowering Ones

“Money does not buy you happiness, but lack of money certainly buys you misery.”

- Daniel Kahneman

Negative Statement	Empowering Statement

My Vision For My Ideal Business & Career

“The money you make is a symbol of the value you create.” - Idowu Koyenikan

My Perfect Self

“Not he who has much is rich, but he who gives much.” – Erich Fromm

What Would I Expect to Find In the Perfect: _____

1. _____
2. _____
3. _____
4. _____

What Would I Expect to Find In the Perfect: _____

1. _____
2. _____
3. _____
4. _____

What Would I Expect to Find In the Perfect: _____

1. _____
2. _____
3. _____
4. _____

Correct Any Bad Habits & Turn Them Into Habits That Serve Me

“Beware of little expenses. A small leak will sink a great ship.” – Ben Franklin

Bad Habit	Good Habit

Good Habits I Want To Enforce By Never Missing Them 2 Days In A Row

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

My Daily Rituals / Activities That I MUST Do To Turn My Vision Into Reality

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

My Business & Career Counter Punch Plan

<i>IF</i> This Happens	<i>THEN</i> I'll Do This

My Business & Career Goals

"Your goals are the road maps that guide you and show you what is possible for your life" - Les Brown



**Don't Limit Yourself
you're Bigger, Stronger, And More Talented Than You Think!**

Affirmations / Statements of Fact

*"I Am Someone With The Power To Accomplish
All My Goals And Dreams!"*

*"I Can Easily Expand My Skills & Abilities To Get And Become
Anything I Desire!"*

*I Create Very Specific, Clear, & Measurable Pictures
For Attaining All Of My Desires*

*"I Never Give Up & I Go After Everything
With A Sense Of Urgency!"*

My Business & Career Goals - Summary

Goal #1

I WILL _____

By _____

Goal #2

I WILL _____

By _____

Goal #3

I WILL _____

By _____

Goal #4

I WILL _____

By _____

Goal #5

I WILL _____

By _____

My Business & Career Goal #1 – Action Plan

I WILL _____
By _____

Because _____

Feelings If Accomplished _____

Feelings If NOT Accomplished _____

I Am Committed To Aggressively Completing The Following Actions To Accomplish My Goal!

I AM / MUST _____
By _____

I AM / MUST _____
By _____

I AM / MUST _____
By _____

I AM / MUST _____
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I AM / MUST _____
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I AM / MUST _____
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I AM / MUST _____
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I AM / MUST _____
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I AM / MUST _____
By _____

My Business & Career Goal #2

I WILL _____
By _____

Because _____

Feelings If Accomplished _____

Feelings If NOT Accomplished _____

I Am Committed To Aggressively Completing The Following Actions To Accomplish My Goal!

I AM / MUST _____
By _____

I AM / MUST _____
By _____

I AM / MUST _____
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I AM / MUST _____
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I AM / MUST _____
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I AM / MUST _____
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I AM / MUST _____
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I AM / MUST _____
By _____

I AM / MUST _____
By _____

My Business & Career Goal #3

I WILL _____

By _____

Because _____

Feelings If Accomplished _____

Feelings If NOT Accomplished _____

I Am Committed To Aggressively Completing The Following Actions To Accomplish My Goal!

I AM / MUST _____

By _____

I AM / MUST _____

By _____

I AM / MUST _____

By _____

I AM / MUST _____

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I AM / MUST _____

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I AM / MUST _____

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I AM / MUST _____

By _____

I AM / MUST _____

By _____

I AM / MUST _____

By _____

I AM / MUST _____

By _____

My Business & Career Goal #4

I WILL _____
By _____

Because _____

Feelings If Accomplished _____

Feelings If NOT Accomplished _____

I Am Committed To Aggressively Completing The Following Actions To Accomplish My Goal!

I AM / MUST _____
By _____

I AM / MUST _____
By _____

I AM / MUST _____
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I AM / MUST _____
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I AM / MUST _____
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I AM / MUST _____
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I AM / MUST _____
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I AM / MUST _____
By _____

I AM / MUST _____
By _____

My Business & Career Goal #5

I WILL _____

By _____

Because _____

Feelings If Accomplished _____

Feelings If NOT Accomplished _____

I Am Committed To Aggressively Completing The Following Actions To Accomplish My Goal!

I AM / MUST _____

By _____

I AM / MUST _____

By _____

I AM / MUST _____

By _____

I AM / MUST _____

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I AM / MUST _____

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I AM / MUST _____

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I AM / MUST _____

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By _____